

**Tetrapyrrole carboxylic acid derivatives for diagnosis and/or therapy of arthritis.**

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**Abstract**

A method and medical agents for the photodynamic diagnosis or photodynamic therapy of rheumatoid arthritis of mammals, which agent comprises at least one member of fluorescent compounds selected from the group consisting of tetrapyrrole carboxylic acids having at least one carboxyl group, corresponding di- or tetrahydrotetrapyrrole carboxylic acids, and mono-, di- or polyamides of the tetrapyrrole carboxylic acids with amino-mono- or dicarboxylic acids and their salts.

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## Description

### BACKGROUND OF THE INVENTION

#### (1) Field of the Invention

This invention relates to a method and medical agents for the photodynamic diagnosis and photodynamic therapy of the arthritis, especially the arthritis of mammals. More particularly, the medical agents used in the present invention belong to specific fluorescent compounds having a tetrapyrrole skeletal structure. When an effective quantity of the medical agent is administered to an animal patient, the agent is accumulated in the affected part of the body.

When light rays of necessary wavelength are applied to an affected joint to be diagnosed or treated, the agent generates fluorescence in the affected portion, thereby enabling the detection of arthritis. This is called as photodynamic diagnosis. In the therapeutic treatment, when light rays of appropriate wavelength and intensity are applied to a lesion, the agent is excited to produce a cytotoxic effect and the affected cells in arthritic lesion are necrosed. This is called as photodynamic therapy. The present invention relates to the diagnosis and the therapy of this kind applied to arthritis, especially rheumatoid arthritis.

#### (2) Description of the Prior Art

Rheumatoid arthritis is a chronic systemic disease mainly causing to occur polyarthritis as a cardinal symptom. This disease is initiated by the pain and swelling in small joints of hands and feet, or in elbow joints and knee joints, and other joints in whole body are then affected little by little. In the initial phase of the disease, the hyperplasia of the synovia of the affected joint begins by some stimulation of the unknown antigen, and the synovial hyperplasia is maintained and prolonged by the monokine cascade system to be a tumor-like condition. The constituents of the joint such as cartilage or ligament or bone are destroyed by the enzymes produced by these synovia and followed by the destruction of the joints.

This pathological condition is observed in all human races and distributed all over the world.

In the diagnosis of the rheumatoid arthritis, it is necessary to identify the outbreak of rheumatoid factor and the existence of inflammatory response by means of blood test, the occurrence of swelling and pain in joints, and further the existence of distortion of bones by means of X-ray inspection. In view of the results of these inspections, the diagnosis of rheumatoid arthritis can be attained.

Since any satisfactory etiologic therapy for the rheumatoid arthritis has not been developed, the nosotropic treatment to preserve affected lesions is employed according to respective cases. However, the efficacy of such treatments is no yet clarified at present. That is, in the first place, medication is done in order to promote the remission of disease by administering a non-steroidal antiphlogistic lenitive, at the same time, the physiotherapy is adopted. In spite of the medication, if the swelling takes a bad turn and the hyperplasia of synovial membrane become noticeable, synovectomy is carried out by arthrotomy or by arthroscopic method. The total arthroplasty is employed in order to restore the function of the joint by substituting the artificial prosthesis for the destructed joint.

In order to prevent the destruction of the joint constituents, the cellular immunologic responses in the synovia must be reduced throughout the disease process, especially in the early stage.

There is hitherto known a method of diagnosis and therapy of rheumatoid arthritis by administering a hematoporphyrin derivative to rats which suffer from adjuvant induced arthritis and applying light rays to the rats. For instance, "Rheumatoid Arthritis and Laser (Effect of laser irradiation to adjuvant induced arthritis)", The RYUMACHI (Official Journal of the Japan Rheumatism Association), Vol. 23, pp 574-575, 1983.

However, it was clarified through the experiments carried out by the present inventors that, when a typical hematoporphyrin derivative, Photofrin II, is used, it cannot be taken selectively into a rheumatoid arthritic lesion and a noticeable therapeutic effect to the rheumatoid arthritis cannot be expected.

Incidentally, the compounds themselves used in the present invention are already known as diagnostic and therapeutic medicines for cancer. However, the inventors have never known any instance concerning the use of the relevant compounds for the diagnosis and treatment of arthritis. The field of art according to the present invention is, of course, different from the field of art in the diagnosis and the therapy of cancer.

Furthermore, the inventors are acquainted with the following literatures, however, the object of the studies are different from that of the present invention.

(a) "Systemic Immunosuppression Induced by Photodynamic Therapy (PDT) is Adoptively Transferred by Macrophages", PHOTOCHEMISTRY AND PHOTOBIOLOGY, Vol. 49, pp 453-458, 1989.

(b) "Immunological Suppression in Mice Treated with Hematoporphyrin Derivative Photoradiation", CANCER RESEARCH, Vol. 46, pp 1608-1611, 1986.

### BRIEF SUMMARY OF THE INVENTION

It is, therefore, the object of the present invention to provide a medical agent for use in the diagnosis and the therapy of the above-mentioned rheumatoid arthritis. The present invention further propose a medical agent for the photodynamic diagnosis and photodynamic therapy of arthritis, especially rheumatoid arthritis, in which the conventional diagnostic method to use arthroscopes and synovectomy are sometimes employed.

In view of the above object, the present inventors have carried out extensive investigations and, as a result, they have found out a novel utility of medical agents, which agents are effective to the photodynamic diagnosis and photodynamic therapy of rheumatoid arthritis.

The present invention, therefore, provides a medical agents for use in the diagnosis and therapy of rheumatoid arthritis of mammals. The agents comprise at least one member of fluorescent compounds selected from the group consisting of tetrapyrrole carboxylic acids having at least one carboxyl group represented by the following general formula, corresponding di- or tetrahydrotetrapyrrole carboxylic acids, and mono-, di- or polyamides of said tetrapyrrole carboxylic acids with amino-monocarboxylic acid or amino-dicarboxylic acids, and their salts. In the formula, R1 is methyl, R2 is H, vinyl, ethyl, -CH(OH)CH<sub>3</sub>, acetyl, -CH<sub>2</sub>CH<sub>2</sub>COOH or =CHCHO;

R3 is methyl, R4 is H, vinyl, ethyl, -CH(OH)CH<sub>3</sub>, -CH<sub>2</sub>CH<sub>2</sub>COOH, =CHCHO or R5 is methyl;

R6 is H, -CH<sub>2</sub>CH<sub>2</sub>COOH, -CH<sub>2</sub>CH<sub>2</sub>COOR or -COOH; ;

R7 is -CH<sub>2</sub>CH<sub>2</sub>COOH, -CH<sub>2</sub>CH<sub>2</sub>COOR or R8 is methyl or R9 is H, -COOH, -CH<sub>2</sub>COOH or methyl;

provided that when R1, R2, R3, R4, R7 and R8 represent two substituents or are divalent and attached to the same carbon, the respective pyrrole ring to which attached is a dihydropyrrole;

R is lower alkyl or benzyl;

R6 and R9, taken together are with the proviso that at least one of R1 to R9 is a free carboxyl group.

#### DETAILED DESCRIPTION OF THE INVENTION

All the medical agents used in the present invention are fluorescent compounds, which are represented by the foregoing general formula. The tetrapyrrole carboxylic acid has at least one and preferably three carboxyl groups and it is desirable that the carboxyl groups are connected asymmetrically. For example, the carboxylic acid groups are present on the rings A and B side of the molecule or on the rings C and D side of the molecule.

Also included in the compounds of the present invention are di- and tetrahydro-tetrapyrrole carboxylic acids which correspond to the above tetrapyrrole. Furthermore, pharmaceutically acceptable salts of the carboxyl groups of these carboxylic acids such as the salts of alkali metals, alkaline earth metals, ammonium and amines are included.

Furthermore, the compounds which is used in the present invention are mono-, di- and polyamides of amino monocarboxylic acids with the above tetrapyrrole carboxylic acids. Another usable groups of compounds are mono-, di- and polyamides of amino dicarboxylic acids with the same tetrapyrrole carboxylic acids as above. Furthermore, pharmaceutically acceptable salts of the carboxyl groups of these mono-, di or polyamides such as the salts of alkali metals, alkaline earth metals, ammonium and amines are included.

The above amino monocarboxylic acids which forms mono-, di- or polyamide by connecting with the above tetrapyrrole carboxylic acid by way of amide bonds are exemplified by serine, glycine, alpha -alanine, beta -alanine, epsilon -amino-n-caproic acid, piperidine-2-carboxylic acid, piperidine-6-carboxylic acid, pyrrole-2-carboxylic acid, piperidine-6-propionic acid, pyrrole-5-acetic acid, and similar such acids. The preferred amino monocarboxylic acids are naturally occurring alpha -amino monocarboxylic acids, e. g., serine, alanine and glycine, which are readily available and provide the best results.

Exemplified as amino dicarboxylic acids are alpha -aminosuccinic acid (aspartic acid), alpha -aminoglutaric acid (glutamic acid), beta -aminoglutaric acid, beta -aminosebacic acid, 2,6-piperidine dicarboxylic acid, 2,5-pyrrole dicarboxylic acid, 2-carboxypyrrole-5-acetic acid, 2-carboxypiperidine-6-propionic acid, alpha -aminoadipic acid, and alpha -aminoazelaic acid. The preferred amino dicarboxylic acids are the naturally occurring alpha -amino dicarboxylic acids such as aspartic acid and glutamic acid. These compounds are easily available and produce best results.

The especially preferable tetrapyrrole compounds used in the present invention are represented by the following general formula. wherein, X is H, vinyl, ethyl, acetyl or formyl; Y is methyl or formyl; M is methyl; and E is ethyl.

Typical compounds of the tetrapyrrole classes are shown in Tables 1 and 2 in which the numbered positions of the tetrapyrrole ring structure are used to designate the position of the indicated substituent. The absence of double bonds in the ring system is designated under "dihydro" with each set of numbers (ring position) indicating the absence of a double bond between designated positions.

The amides used as the diagnostic or therapeutic agents according to the present invention are exemplified in the following. In the first place, the amides with amino monocarboxylic acids are exemplified.

#### Chlorin Derivatives:

(D,L)-Serinyl-trans-mesochlorin IX

Glycyl-trans-mesochlorin IX

alpha -(D,L)-Alanyl-trans-mesochlorin IX

beta -Alanyl-trans-mesochlorin IX

epsilon -Amino-n-caproyl-mesochlorin IX

(D,L)-Serinyl chlorin e6

(D,L)-Serinyl mesochlorin e6

Glycyl chlorin e6

Glycyl mesochlorin e6  
alpha -(D,L)-Alanyl chlorin e6  
alpha -(D,L)-Alanyl mesochlorin e6  
beta -Alanyl chlorin e6  
beta -Alanyl mesochlorin e6  
epsilon -Amino-n-caproyl chlorin e6  
epsilon -Amino-n-caproyl mesochlorin e6  
(D,L)-Serinyl chlorin e4  
(D,L)-Serinyl mesochlorin e4  
(D,L)-Serinyl isochlorin e4  
(D,L)-Serinyl mesoisochlorin e4  
Glycyl chlorin e4  
Glycyl mesochlorin e4  
Glycyl isochlorin e4  
Glycyl mesoisochlorin e4  
alpha -(D,L)-Alanyl chlorin e4  
alpha -(D,L)-Alanyl mesochlorin e4  
alpha -(D,L)-Alanyl isochlorin e4  
alpha -(D,L)-Alanyl mesoisochlorin e4  
beta -Alanyl chlorin e4  
beta -Alanyl mesochlorin e4  
beta -Alanyl isochlorin e4  
beta -Alanyl mesoisochlorin e4  
epsilon -Amino-n-caproyl chlorin e4  
epsilon -Amino-n-caproyl mesochlorin e4  
epsilon -Amino-n-caproyl isochlorin e4  
epsilon -Amino-n-caproyl mesoisochlorin e4  
(D,L)-Serinyl pyropheophorbide a  
Glycyl pyropheophorbide a  
alpha -(D,L)-Alanyl pyropheophorbide a  
beta -Alanyl pyropheophorbide a  
epsilon -Amino-n-caproyl pyropheophorbide a  
(D,L)-Serinyl pheophorbide a  
Glycyl pheophorbide a  
alpha -(D,L)-Alanyl pheophorbide a  
beta -Alanyl pheophorbide a  
epsilon -Amino-n-caproyl pheophorbide a  
(D,L)-Serinyl photoprotoporphyrin IX  
Glycyl photoprotoporphyrin IX  
alpha -(D,L)-Alanyl-photoprotoporphyrin IX  
beta -Alanyl photoprotoporphyrin IX  
epsilon -Amino-n-caproyl photoprotoporphyrin IX  
Threoninyl chlorin e6  
Tyrosyl chlorin e6  
Valyl chlorin e6  
Leucyl chlorin e6  
Isoleucyl chlorin e6  
Prolyl chlorin e6  
Methionyl chlorin e6  
Histidyl chlorin e6  
Arginyl chlorin e6  
Lysyl chlorin e6  
Glutaminyl chlorin e6  
4-Hydroxyprolyl chlorin e6  
5-Hydroxylysyl chlorin e6  
epsilon -Amino-n-caproyl chlorin e6  
gamma -Aminobutanoyl chlorin e6  
3-Methyl histidyl chlorin e6  
Alanyl-2-acetyl chlorin e6  
Valyl-2-acetyl chlorin e6  
Leucyl-2-acetyl chlorin e6  
Isoleucyl-2-acetyl chlorin e6  
Prolyl-2-acetyl chlorin e6  
Methionyl-2-acetyl chlorin e6  
Glycyl-2-acetyl chlorin e6  
Serinyl-2-acetyl chlorin e6  
Threoninyl-2-acetyl chlorin e6  
Cysteinyl-2-acetyl chlorin e6  
Tyrosyl-2-acetyl chlorin e6  
Asparaginyl-2-acetyl chlorin e6  
Lysyl-2-acetyl chlorin e6  
Arginyl-2-acetyl chlorin e6  
Histidyl-2-acetyl chlorin e6  
Glutaminyl-2-acetyl chlorin e6  
4-Hydroxyprolyl-2-acetyl chlorin e6  
5-Hydroxylysyl-2-acetyl chlorin e6

epsilon -Amino-n-caproyl-2-acetyl chlorin e6  
gamma -Aminobutanoyl-2-acetyl chlorin e6  
3-Methyl histidyl-2-acetyl chlorin e6  
beta -Alanyl-2-acetyl chlorin e6  
Alanyl-2-formyl chlorin e6  
Valyl-2-formyl chlorin e6  
Leucyl-2-formyl chlorin e6  
Isoleucyl-2-formyl chlorin e6  
Prolyl-2-formyl chlorin e6  
Methionyl-2-formyl chlorin e6  
Glycyl-2-formyl chlorin e6  
Serinyl-2-formyl chlorin e6  
Threoninyl-2-formyl chlorin e6  
Cysteinyl-2-formyl chlorin e6  
Tyrosyl-2-formyl chlorin e6  
Asparginyl-2-formyl chlorin e6  
Lysyl-2-formyl chlorin e6  
Arginyl-2-formyl chlorin e6  
Histidyl-2-formyl chlorin e6  
Glutaminyl-2-formyl chlorin e6  
4-Hydroxyprolyl-2-formyl chlorin e6  
5-Hydroxylysyl-2-formyl chlorin e6  
epsilon -Amino-n-caproyl-2-formyl chlorin e6  
gamma -Aminobutanoyl-2-formyl chlorin e6  
3-Methyl histidyl-2-formyl chlorin e6  
beta -Alanyl-2-formyl chlorin e6  
Alanyl deuteriochlorin e6  
Valyl deuteriochlorin e6  
Leucyl deuteriochlorin e6  
Isoleucyl deuteriochlorin e6  
Prolyl deuteriochlorin e6  
Methionyl deuteriochlorin e6  
Glycyl deuteriochlorin e6  
Serinyl deuteriochlorin e6  
Threoninyl deuteriochlorin e6  
Cysteinyl deuteriochlorin e6  
Tyrosyl deuteriochlorin e6  
Asparginyl deuteriochlorin e6  
Lysyl deuteriochlorin e6  
Arginyl deuteriochlorin e6  
Histidyl deuteriochlorin e6  
Glutaminyl deuteriochlorin e6  
4-Hydroxyprolyl deuteriochlorin e6  
5-Hydroxylysyl deuteriochlorin e6  
epsilon -Amino-n-caproyl deuteriochlorin e6  
gamma -Aminobutanoyl deuteriochlorin e6  
3-Methyl histidyl deuteriochlorin e6  
beta -Alanyl deuteriochlorin e6  
Valyl mesochlorin e6  
Leucyl mesochlorin e6  
Isoleucyl mesochlorin e6  
Prolyl mesochlorin e6  
Methionyl mesochlorin e6  
Serinyl mesochlorin e6  
Threoninyl mesochlorin e6  
Cysteinyl mesochlorin e6  
Tyrosyl mesochlorin e6  
Asparginyl mesochlorin e6  
Lysyl mesochlorin e6  
Arginyl mesochlorin e6  
Histidyl mesochlorin e6  
Glutaminyl mesochlorin e6  
4-Hydroxyprolyl mesochlorin e6  
5-Hydroxylysyl mesochlorin e6  
gamma -Aminobutanoyl mesochlorin e6  
3-Methyl histidyl mesochlorin e6

#### Porphyrin Derivatives::

(D,L)-Serinyl mesoporphyrin IX  
Glycyl mesoporphyrin IX  
alpha -(D,L)-Alanyl mesoporphyrin IX  
beta -Alanyl mesoporphyrin IX  
epsilon -Amino-n-caproyl mesoporphyrin IX  
(D,L)-Serinyl protoporphyrin IX  
Glycyl protoporphyrin IX

alpha -(D,L)-Alanyl protoporphyrin IX  
 beta -Alanyl protoporphyrin IX  
 epsilon -Amino-n-caproyl protoporphyrin IX  
 (D,L)-Serinyl deuteroporphyrin IX  
 Glycyl deuteroporphyrin IX  
 alpha -(D,L)-Alanyl deuteroporphyrin IX  
 beta -Alanyl deuteroporphyrin IX  
 epsilon -Amino-n-caproyl deuteroporphyrin IX  
 (D,L)-Serinyl coproporphyrin III  
 Glycyl coproporphyrin III  
 alpha -(D,L)-Alanyl coproporphyrin III  
 beta -Alanyl coproporphyrin III  
 epsilon -Amino-n-caproyl coproporphyrin III  
 (D,L)-Serinyl hematoporphyrin IX  
 Glycyl hematoporphyrin IX  
 alpha -(D,L)-Alanyl hematoporphyrin IX  
 beta -Alanyl hematoporphyrin IX  
 epsilon -Amino-n-caproyl hematoporphyrin IX

Bacteriochlorin Derivatives:

(D,L)-Serinyl bacteriochlorin e4  
 Glycyl bacteriochlorin e4  
 alpha -(D,L)-Alanyl bacteriochlorin e4  
 beta -Alanyl bacteriochlorin e4  
 epsilon -Amino-n-caproyl bacteriochlorin e4  
 (D,L)-Serinyl bacterioisochlorin e4  
 Glycyl bacterioisochlorin e4  
 alpha -(D,L)-Alanyl bacterioisochlorin e4  
 beta -Alanyl bacterioisochlorin e4  
 epsilon -Amino-n-caproyl bacterioisochlorin e4  
 (D,L)-Serinyl bacteriochlorin e6  
 Glycyl bacteriochlorin e6  
 alpha -(D,L)-Alanyl bacteriochlorin e6  
 beta -Alanyl bacteriochlorin e6  
 epsilon -Amino-n-caproyl bacteriochlorin e6  
 (D,L)-Serinyl pyrobacteriopheophorbide a  
 Glycyl pyrobacteriopheophorbide a  
 alpha -(D,L)-Alanyl pyrobacteriopheophorbide a  
 beta -Alanyl pyrobacteriopheophorbide a  
 epsilon -Amino-n-caproyl pyrobacteriopheophorbide a  
 (D,L)-Serinyl bacteriopheophorbide a  
 Glycyl bacteriopheophorbide a  
 alpha -(D,L)-Alanyl bacteriopheophorbide a  
 beta -Alanyl bacteriopheophorbide a  
 epsilon -Amino-n-caproyl bacteriopheophorbide a  
 In the following, di- or polyamides of amino monocarboxylic acids are further exemplified.

Chlorin Derivatives::

Di-(D,L)-serinyl-trans-mesochlorin IX  
 Di-glycyl-trans-mesochlorin IX  
 Di- alpha -(D,L)-alanyl-trans-mesochlorin IX  
 Di- beta -alanyl-trans-mesochlorin IX  
 Di- epsilon -amino-n-caproyl-mesochlorin IX  
 Di, tri-(D,L)-serinyl chlorin e6  
 Di, tri-(D,L)-serinyl mesochlorin e6  
 Di, tri-glycyl chlorin e6  
 Di, tri-glycyl mesochlorin e6  
 Di, tri- alpha -(D,L)-alanyl chlorin e6  
 Di, tri- alpha -(D,L)-alanyl mesochlorin e6  
 Di, tri- beta -alanyl chlorin e6  
 Di, tri- beta -alanyl mesochlorin e6  
 Di, tri- epsilon -amino-n-caproyl chlorin e6  
 Di, tri- epsilon -amino-n-caproyl mesochlorin e6  
 Di-(D,L)-serinyl chlorin e4  
 Di-(D,L)-serinyl mesochlorin e4  
 Di-(D,L)-serinyl isochlorin e4  
 Di-(D,L)-serinyl mesoisochlorin e4  
 Di-glycyl chlorin e4  
 Di-glycyl mesochlorin e4  
 Di-glycyl isochlorin e4  
 Di-glycyl mesoisochlorin e4  
 Di- alpha -(D,L)-alanyl chlorin e4  
 Di- alpha -(D,L)-alanyl mesochlorin e4  
 Di- alpha -(D,L)-alanyl isochlorin e4

Di- alpha -(D,L)-alanyl mesoisochlorin e4  
 Di- beta -alanyl chlorin e4  
 Di- beta -alanyl mesochlorin e4  
 Di- beta -alanyl isochlorin e4  
 Di- beta -alanyl mesoisochlorin e4  
 Di- epsilon -amino-n-caproyl chlorin e4  
 Di- epsilon -amino-n-caproyl mesochlorin e4  
 Di- epsilon -amino-n-caproyl isochlorin e4  
 Di- epsilon -amino-n-caproyl mesoisochlorin e4  
 Di-(D,L)-serinyl photoporphyrin IX  
 Di-glycyl photoporphyrin IX  
 Di- alpha -(D,L)-alanyl-photoporphyrin IX  
 Di- beta -alanyl photoporphyrin IX  
 Di- epsilon -amino-n-caproyl photoporphyrin IX

#### Porphyrin Derivatives:

Di-(D,L)-serinyl mesoporphyrin IX  
 Di-glycyl mesoporphyrin IX  
 Di- alpha -(D,L)-alanyl mesoporphyrin IX  
 Di- beta -alanyl mesoporphyrin IX  
 Di- epsilon -amino-n-caproyl mesoporphyrin IX  
 Di-(D,L)-serinyl protoporphyrin IX  
 Di-glycyl protoporphyrin IX  
 Di- alpha -(D,L)-alanyl protoporphyrin IX  
 Di- beta -alanyl protoporphyrin IX  
 Di- epsilon -amino-n-caproyl protoporphyrin IX  
 Di-(D,L)-serinyl deuteroporphyrin IX  
 Di-glycyl deuteroporphyrin IX  
 Di- alpha -(D,L)-alanyl deuteroporphyrin IX  
 Di- beta -alanyl deuteroporphyrin IX  
 Di- epsilon -amino-n-caproyl deuteroporphyrin IX  
 Di, tri, tetra-(D,L)-serinyl coproporphyrin III  
 Di, tri, tetra-glycyl coproporphyrin III  
 Di, tri, tetra- alpha -(D,L)-alanyl coproporphyrin III  
 Di, tri, tetra- beta -alanyl coproporphyrin III  
 Di, tri, tetra- epsilon -amino-n-caproyl coproporphyrin III  
 Di-(D,L)-serinyl hematoporphyrin IX  
 Di-glycyl hematoporphyrin IX  
 Di- alpha -(D,L)-alanyl hematoporphyrin IX  
 Di- beta -alanyl hematoporphyrin IX  
 Di- epsilon -amino-n-caproyl hematoporphyrin IX

#### Bacteriochlorin Derivatives::

Di-(D,L)-serinyl bacteriochlorin e4  
 Di-glycyl bacteriochlorin e4  
 Di- alpha -(D,L)-alanyl bacteriochlorin e4  
 Di- beta -alanyl bacteriochlorin e4  
 Di- epsilon -amino-n-caproyl bacteriochlorin e4  
 Di-(D,L)-serinyl bacterioisochlorin e4  
 Di-glycyl bacterioisochlorin e4  
 Di- alpha -(D,L)-alanyl bacterioisochlorin e4  
 Di- beta -alanyl bacterioisochlorin e4  
 Di- epsilon -amino-n-caproyl bacterioisochlorin e4  
 Di, tri-(D,L)-serinyl bacteriochlorin e6  
 Di, tri-glycyl bacteriochlorin e6  
 Di, tri- alpha -(D,L)-alanyl bacteriochlorin e6  
 Di, tri- beta -alanyl bacteriochlorin e6  
 Di, tri- epsilon -amino-n-caproyl bacteriochlorin e6

Similarly, using other amino acids, the following amides can be employed, however, they do not limit the present invention.

Di-threoninyl trans-mesochlorin IX  
 Di, tri-threoninyl chlorin e6  
 Di, tri-threoninyl mesochlorin e6  
 Di-threoninyl chlorin e4  
 Di-threoninyl mesochlorin e4  
 Di-threoninyl isochlorin e4  
 Di-threoninyl mesoisochlorin e4  
 Di-threoninyl photoporphyrin IX  
 Di-threoninyl mesoporphyrin IX  
 Di-threoninyl protoporphyrin IX  
 Di-threoninyl deuteroporphyrin IX  
 Di, tri, tetra-threoninyl coproporphyrin III  
 Di-threoninyl hematoporphyrin IX  
 Di-threoninyl bacteriochlorin e4  
 Di-threoninyl bacterioisochlorin e4

Di, tri-threoninyl bacteriochlorin e6  
Di-cysteinyl trans-mesochlorin IX  
Di, tri-cysteinyl chlorin e6  
Di, tri-cysteinyl mesochlorin e6  
Di-cysteinyl chlorin e4  
Di-cysteinyl mesochlorin e4  
Di-cysteinyl isochlorin e4  
Di-cysteinyl mesoisochochlorin e4  
Di-cysteinyl photoporphyrin IX  
Di-cysteinyl mesoporphyrin IX  
Di-cysteinyl protoporphyrin IX  
Di-cysteinyl deuteroporphyrin IX  
Di, tri, tetra-cysteinyl coproporphyrin III  
Di-cysteinyl hematoporphyrin IX  
Di-cysteinyl bacteriochlorin e4  
Di-cysteinyl bacterioisochlorin e4  
Di, tri-cysteinyl bacteriochlorin e6  
Di-tyrosyl trans-mesochlorin IX  
Di, tri-tyrosyl chlorin e6  
Di, tri-tyrosyl mesochlorin e6  
Di-tyrosyl chlorin e4  
Di-tyrosyl mesochlorin e4  
Di-tyrosyl isochlorin e4  
Di-tyrosyl mesoisochochlorin e4  
Di-tyrosyl photoporphyrin IX  
Di-tyrosyl mesoporphyrin IX  
Di-tyrosyl protoporphyrin IX  
Di-tyrosyl deuteroporphyrin IX  
Di, tri, tetra-tyrosyl coproporphyrin III  
Di-tyrosyl hematoporphyrin IX  
Di-tyrosyl bacteriochlorin e4  
Di-tyrosyl bacterioisochlorin e4  
Di, tri-tyrosyl bacteriochlorin e6  
Di-valyl trans-mesochlorin IX  
Di, tri-valyl chlorin e6  
Di, tri-valyl mesochlorin e6  
Di-valyl chlorin e4  
Di-valyl mesochlorin e4  
Di-valyl isochlorin e4  
Di-valyl mesoisochochlorin e4  
Di-valyl photoporphyrin IX  
Di-valyl mesoporphyrin IX  
Di-valyl protoporphyrin IX  
Di-valyl deuteroporphyrin IX  
Di, tri, tetra-valyl coproporphyrin III  
Di-valyl hematoporphyrin IX  
Di-valyl bacteriochlorin e4  
Di-valyl bacterioisochlorin e4  
Di, tri-valyl bacteriochlorin e6  
Di-leucyl trans-mesochlorin IX  
Di, tri-leucyl chlorin e6  
Di, tri-leucyl mesochlorin e6  
Di-leucyl chlorin e4  
Di-leucyl mesochlorin e4  
Di-leucyl isochlorin e4  
Di-leucyl mesoisochochlorin e4  
Di-leucyl photoporphyrin IX  
Di-leucyl mesoporphyrin IX  
Di-leucyl protoporphyrin IX  
Di-leucyl deuteroporphyrin IX  
Di, tri, tetra-leucyl coproporphyrin III  
Di-leucyl hematoporphyrin IX  
Di-leucyl bacteriochlorin e4  
Di-leucyl bacterioisochlorin e4  
Di, tri-leucyl bacteriochlorin e6  
Di-isoleucyl trans-mesochlorin IX  
Di, tri-isoleucyl chlorin e6  
Di, tri-isoleucyl mesochlorin e6  
Di-isoleucyl chlorin e4  
Di-isoleucyl mesochlorin e4  
Di-isoleucyl isochlorin e4  
Di-isoleucyl mesoisochochlorin e4  
Di-isoleucyl photoporphyrin IX  
Di-isoleucyl mesoporphyrin IX  
Di-isoleucyl protoporphyrin IX  
Di-isoleucyl deuteroporphyrin IX



Di, tri, tetra-isoleucyl coproporphyrin III  
Di-isoleucyl hematoporphyrin IX  
Di-isoleucyl bacteriochlorin e4  
Di-isoleucyl bacterioisochlorin e4  
Di, tri-isoleucyl bacteriochlorin e6  
Di-prolyl trans-mesochlorin IX  
Di, tri-prolyl chlorin e6  
Di, tri-prolyl mesochlorin e6  
Di-prolyl chlorin e4  
Di-prolyl mesochlorin e4  
Di-prolyl isochlorin e4  
Di-prolyl mesoisochlorin e4  
Di-prolyl photoporphyrin IX  
Di-prolyl mesoporphyrin IX  
Di-prolyl protoporphyrin IX  
Di-prolyl deuteroporphyrin IX  
Di, tri, tetra-prolyl coproporphyrin III  
Di-prolyl hematoporphyrin IX  
Di-prolyl bacteriochlorin e4  
Di-prolyl bacterioisochlorin e4  
Di, tri-prolyl bacteriochlorin e6  
Di-phenylalanyl trans-mesochlorin IX  
Di, tri-phenylalanyl chlorin e6  
Di, tri-phenylalanyl mesochlorin e6  
Di-phenylalanyl chlorin e4  
Di-phenylalanyl mesochlorin e4  
Di-phenylalanyl isochlorin e4  
Di-phenylalanyl mesoisochlorin e4  
Di-phenylalanyl photoporphyrin IX  
Di-phenylalanyl mesoporphyrin IX  
Di-phenylalanyl protoporphyrin IX  
Di-phenylalanyl deuteroporphyrin IX  
Di, tri, tetra-phenylalanyl coproporphyrin III  
Di-phenylalanyl hematoporphyrin IX  
Di-phenylalanyl bacteriochlorin e4  
Di-phenylalanyl bacterioisochlorin e4  
Di, tri-phenylalanyl bacteriochlorin e6  
Di-tryptophyl trans-mesochlorin IX  
Di, tri-tryptophyl chlorin e6  
Di, tri-tryptophyl mesochlorin e6  
Di-tryptophyl chlorin e4  
Di-tryptophyl mesochlorin e4  
Di-tryptophyl isochlorin e4  
Di-tryptophyl mesoisochlorin e4  
Di-tryptophyl photoporphyrin IX  
Di-tryptophyl mesoporphyrin IX  
Di-tryptophyl protoporphyrin IX  
Di-tryptophyl deuteroporphyrin IX  
Di, tri, tetra-tryptophyl coproporphyrin III  
Di-tryptophyl hematoporphyrin IX  
Di-tryptophyl bacteriochlorin e4  
Di-tryptophyl bacterioisochlorin e4  
Di, tri-tryptophyl bacteriochlorin e6  
Di-methionyl trans-mesochlorin IX  
Di, tri-methionyl chlorin e6  
Di, tri-methionyl mesochlorin e6  
Di-methionyl chlorin e4  
Di-methionyl mesochlorin e4  
Di-methionyl isochlorin e4  
Di-methionyl mesoisochlorin e4  
Di-methionyl photoporphyrin IX  
Di-methionyl mesoporphyrin IX  
Di-methionyl protoporphyrin IX  
Di-methionyl deuteroporphyrin IX  
Di, tri, tetra-methionyl coproporphyrin III  
Di-methionyl hematoporphyrin IX  
Di-methionyl bacteriochlorin e4  
Di-methionyl bacterioisochlorin e4  
Di, tri-methionyl bacteriochlorin e6  
Di-histidyl trans-mesochlorin IX  
Di, tri-histidyl chlorin e6  
Di, tri-histidyl mesochlorin e6  
Di-histidyl chlorin e4  
Di-histidyl mesochlorin e4  
Di-histidyl isochlorin e4  
Di-histidyl mesoisochlorin e4

Di-histidyl photoporphyrin IX  
 Di-histidyl mesoporphyrin IX  
 Di-histidyl protoporphyrin IX  
 Di-histidyl deuteroporphyrin IX  
 Di, tri, tetra-histidyl coproporphyrin III  
 Di-histidyl hematoporphyrin IX  
 Di-histidyl bacteriochlorin e4  
 Di-histidyl bacterioisochlorin e4  
 Di, tri-histidyl bacteriochlorin e6  
 Di-arginyl trans-mesochlorin IX  
 Di, tri-arginyl chlorin e6  
 Di, tri-arginyl mesochlorin e6  
 Di-arginyl chlorin e4  
 Di-arginyl mesochlorin e4  
 Di-arginyl isochlorin e4  
 Di-arginyl mesoisochlorin e4  
 Di-arginyl photoporphyrin IX  
 Di-arginyl mesoporphyrin IX  
 Di-arginyl protoporphyrin IX  
 Di-arginyl deuteroporphyrin IX  
 Di, tri, tetra-arginyl coproporphyrin III  
 Di-arginyl hematoporphyrin IX  
 Di-arginyl bacteriochlorin e4  
 Di-arginyl bacterioisochlorin e4  
 Di, tri-arginyl bacteriochlorin e6  
 Di-lysyl trans-mesochlorin IX  
 Di, tri-lysyl chlorin e6  
 Di, tri-lysyl mesochlorin e6  
 Di-lysyl chlorin e4  
 Di-lysyl mesochlorin e4  
 Di-lysyl isochlorin e4  
 Di-lysyl mesoisochlorin e4  
 Di-lysyl photoporphyrin IX  
 Di-lysyl mesoporphyrin IX  
 Di-lysyl protoporphyrin IX  
 Di-lysyl deuteroporphyrin IX  
 Di, tri, tetra-lysyl coproporphyrin III  
 Di-lysyl hematoporphyrin IX  
 Di-lysyl bacteriochlorin e4  
 Di-lysyl bacterioisochlorin e4  
 Di, tri-lysyl bacteriochlorin e6  
 Di-glutaminy trans-mesochlorin IX  
 Di, tri-glutaminy chlorin e6  
 Di, tri-glutaminy mesochlorin e6  
 Di-glutaminy chlorin e4  
 Di-glutaminy mesochlorin e4  
 Di-glutaminy isochlorin e4  
 Di-glutaminy mesoisochlorin e4  
 Di-glutaminy photoporphyrin IX  
 Di-glutaminy mesoporphyrin IX  
 Di-glutaminy protoporphyrin IX  
 Di-glutaminy deuteroporphyrin IX  
 Di, tri, tetra-glutaminy coproporphyrin III  
 Di-glutaminy hematoporphyrin IX  
 Di-glutaminy bacteriochlorin e4  
 Di-glutaminy bacterioisochlorin e4  
 Di, tri-glutaminy bacteriochlorin e6  
 Di-asparginy trans-mesochlorin IX  
 Di, tri-asparginy chlorin e6  
 Di, tri-asparginy mesochlorin e6  
 Di-asparginy chlorin e4  
 Di-asparginy mesochlorin e4  
 Di-asparginy isochlorin e4  
 Di-asparginy mesoisochlorin e4  
 Di-asparginy photoporphyrin IX  
 Di-asparginy mesoporphyrin IX  
 Di-asparginy protoporphyrin IX  
 Di-asparginy deuteroporphyrin IX  
 Di, tri, tetra-asparginy coproporphyrin III  
 Di-asparginy hematoporphyrin IX  
 Di-asparginy bacteriochlorin e4  
 Di-asparginy bacterioisochlorin e4  
 Di, tri-asparginy bacteriochlorin e6

In the following, mono-, di- or polyamides of amino dicarboxylic acids are exemplified.

**Chlorin Derivatives:**

Mono and diaspartyl trans-mesochlorin IX  
 Mono and diglutamyl trans-mesochlorin IX  
 Mono, di and triaspartyl chlorin e6  
 Mono, di and triaspartyl mesochlorin e6  
 Mono, di and triglutamyl chlorin e6  
 Mono, di and triglutamyl mesochlorin e6  
 Mono and diaspartyl chlorin e4  
 Mono and diaspartyl mesochlorin e4  
 Mono and diaspartyl isochlorin e4  
 Mono and diaspartyl mesoisochlorin e4  
 Mono and diglutamyl chlorin e4  
 Mono and diglutamyl mesochlorin e4  
 Mono and diglutamyl isochlorin e4  
 Mono and diglutamyl mesoisochlorin e4  
 Monoaspartyl pyropheophorbide a  
 Monoglutamyl pyropheophorbide a  
 Monoaspartyl pheophorbide a  
 Monoglutamyl pheophorbide a  
 Mono and diaspartyl photoprotoporphyrin IX  
 Mono and diglutamyl photoprotoporphyrin IX  
 Mono and di-L- alpha -aminoadipyl trans-mesochlorin IX

**Porphyrin Derivatives:**

Mono and diaspartyl mesoporphyrin IX  
 Mono and diglutamyl mesoporphyrin IX  
 Mono and diaspartyl protoporphyrin IX  
 Mono and diglutamyl protoporphyrin IX  
 Mono and diaspartyl deuteroporphyrin IX  
 Mono and diglutamyl deuteroporphyrin IX  
 Mono, di, tri and tetraaspartyl coproporphyrin III (isomer mixture)  
 Mono, di, tri and tetraglutamyl coproporphyrin III  
 Mono and diaspartyl hematoporphyrin IX  
 Mono and diglutamyl hematoporphyrin IX

**Bacteriochlorin Derivatives::**

Mono and diaspartyl bacteriochlorin e4  
 Mono and diglutamyl bacteriochlorin e4  
 Mono and diaspartyl bacterioisochlorin e4  
 Mono and diglutamyl bacterioisochlorin e4  
 Mono, di and triaspartyl bacteriochlorin e6  
 Mono, di and triglutamyl bacteriochlorin e6  
 Monoaspartyl pyrobacteriopheophorbide a  
 Monoglutamyl pyrobacteriopheophorbide a  
 Monoaspartyl bacteriopheophorbide a  
 Monoglutamyl bacteriopheophorbide a

The tetrapyrrole compounds used in the present invention can be prepared by various synthetic methods which are found in the literatures. For example, the following literatures are exemplified with regard to chlorin e6.

(1) Willstatter, R. and Stoll, A.; "Investigations on Chlorophyll", (Trans.: Schertz, F.M., Merz, A.R.), p. 176, Science Printing Press, Lancaster, Pennsylvania, U.S.A., 1928.

(2) Willstatter, R. and Isler, M.; Ann. Chem., 390, 269 (1912).

The compounds employed in the present invention are useful for the photodynamic diagnosis and photodynamic therapy of rheumatoid arthritis. When a man or a mammal animal having rheumatoid arthritis is treated with doses of the above-mentioned compound, the compound is selectively accumulated in the arthritic lesion and when light rays of proper wavelength and intensity are applied to the lesion, the compound generates fluorescence and produces active oxygen. Thereby the arthritic lesion being diagnosed by inspecting the generated fluorescence and the affected lesion is cured by the cytotoxic effect of active oxygen.

The host of a living body to be dosed is a mammal having rheumatoid arthritis in its body.

The compounds used for the photodynamic diagnosis and photodynamic therapy should have the following properties:

- (a) non-toxic at normal diagnostic or therapeutic dosage unless and until activated by light rays;
- (b) should be accumulated selectively in arthritic lesions;
- (c) should be selectively photoactive on specific wavelengths;
- (d) when irradiated with light rays or electromagnetic waves, they generate detectable specific fluorescence;
- (e) when irradiated with light rays or electromagnetic waves, they are activated to cytotoxic level in arthritic lesion; and
- (f) easily metabolized or excreted after the diagnosis and therapeutic treatment.

The foregoing compounds as the diagnostic or therapeutic agents used in the present invention must have the above properties and are also characterized by the reasonable solubility in water at physiological pH.

As compared with the use of conventional tetrapyrroles such as the foregoing hematoporphyrin derivative of Photofrin II, the above-described compounds generate fluorescence of greater intensity in arthritic lesions with the same quantities of doses. Accordingly, with the use of the above-mentioned compounds, the arthritic lesion provides more intense contrast as compared with the normal tissue around the arthritic lesion.

Furthermore, the intensity of fluorescence which is generated from some conventionally used tetrapyrroles varies or the fluorescence generated in the body of host varies from day to day, however, the intensity of fluorescence generated by the above compounds is quite stable.

The compounds used in the present invention absorb activation energy for the photodynamic diagnosis and photodynamic therapy in the range of 300 to 800 nm in wavelength, with the preferred compound absorbing in the 360 to 760 nm, i.e., the light of longer wavelength which more readily permits penetration of energy into the arthritic lesion for facilitating the purpose of photodynamic diagnosis and photodynamic therapy.

Incidentally, the specific wavelength of fluorescence which is emitted from the compound used in the present invention that is accumulated in the arthritic lesion is shifted by about 10 nm as compared with that of the same compound in a phosphate buffered saline solution. From this fact, it is considered that the compound used in the present invention is not physically caught simply within the arthritic lesion but it is connected to the lesion by some interconnection mechanism. When the wavelength is shifted, the change in the intensity of fluorescence is also caused to occur usually. However, in the case of the foregoing compounds, the intensity of fluorescence is not weakened but rather strengthened. Accordingly, the above-mentioned compounds are most suitable for the photodynamic diagnosis and photodynamic therapy.

According to the experience until now, the quantity of dosage can be reduced considerably because the above-mentioned compounds are uniformly distributed all around the arthritic lesion. Because the quantity of dosage can be reduced, it is possible to suppress the occurrence of photodynamic sensitization in a host even when the administered compound is not excreted.

The quantity of administration of the foregoing compound is determined depending on the purpose of dosage. For the purpose of diagnosis, a dosage of only 1 mg/kg (weight of living body) produces an effect for detection. The quantity is, however, generally up to about 5 mg/kg. The quantity of dosage for the therapeutic purpose is generally in the range of about 0.1 to 20 kg/mg. The quantity of the administration for diagnosis and therapy can be varied in a wide range in view of the above-mentioned advantage that the compound used in the present invention is liable to be excreted from a living body. The compound of the present invention is apparently innocuous with the dose for the above-described diagnostic and therapeutic purpose. For example, no test animal was killed owing to the compound used in the present invention in experiments with the doses up to 20 mg/kg.

A compound used in the present invention which is dissolved in an appropriate aqueous solution such as a phosphate buffered saline solution is administered by a proper method to the living body of a host to be diagnosed or treated. Besides the aqueous solution, it can be an aqueous dispersion containing a suitable dispersing agent. It is preferable that the medical compound is administered by a direct method such as intravenous injection. Meanwhile, the oral, intramuscular or hypodermic administration is also possible. It is also possible to administer the compound directly into the joint cavity. In any case, the solution of the above-mentioned compound may also contain the following known materials: a binder such as gum tragacanth; an excipient such as dicalcium phosphate; a disintegrating agent such as corn starch; a lubricant such as magnesium stearate; a sweetening agent such as sucrose; a preservative such as paraben; a dye; a flavoring such as cherry flavor; a solvent or dispersion medium such as water, ethanol or glycol; an antiseptic; and an isotonic agent such as sugar and sodium chloride.

These compounds can be prepared for use as preferable basic salts, for example, sodium salts in the form of lyophilized pyrogen-free sterile compounds. The preferable type of the medical agent is an isotonic solution usable for injection.

Although the reason has not been clear, the compounds used in the present invention are specifically and selectively accumulated in the arthritic lesion (hyperplastic synovial membrane) in a living body. Accordingly, after the passage of a proper time, for example, in several minutes to several hours after the administration into a vein, light rays are applied to the arthritic lesion.

The irradiation must be an amount sufficient to cause the compound to generate fluorescence for diagnosis and also to exert a cytotoxic effect for therapy. The light source for the irradiation in the photodynamic diagnosis and photodynamic therapy is not limited, however, a laser beam is generally used because an intense light ray within a desired wavelength range can be applied selectively.

Usable sources for the irradiation of laser beams are a strong continuous light source through a filter, an excited dye laser or other laser apparatus, and transmitted beam system. As described above, the wavelength of the laser beam is in the range of 360 to 760 nm. The intensity of irradiation is appropriately selected generally from the range of 10 to 1000 mW/cm, preferably 20 to 500 mW/cm. The capacity of the laser apparatus is at least 500 mW. Some of commercially available laser apparatus meets these requirements.

In the practice of photodynamic diagnosis, the above-mentioned compound is administered to the body of human or animal and, after a certain period of time, light rays are applied to the lesion to be inspected. When an arthroscope can be used for the lesion in elbow or knee joints, the irradiation is done using the arthroscope. The lesion of rheumatoid arthritis selectively generates fluorescence, which lesion can be observed directly by naked eyes or with an image on a CRT screen.

In the practice of photodynamic therapy, the laser beam irradiation is carried out from the tip end of a quartz fiber bundle after administering the compound. This can be done by inserting the tip end of quartz fiber bundle into the arthritic lesion as well as by irradiating the surface of arthritic lesion. The irradiated state is observed directly by naked eyes or with an image on a CRT screen.

The diagnosis and therapy using the foregoing medical agents can be applied to the diseases which causes the growth or inflammation of the synovial membrane in a joint cavity such as the diseases causing arthritis, diseases similar to rheumatoid arthritis or complications of rheumatoid arthritis. For example, the analogous diseases of juvenile rheumatoid arthritis, systemic lupus erythematosus, Reiter's syndrome, psoriatic arthritis, and pigmented villonodular synovitis.

In the following, the present invention is described in more detail with examples of medical effect tests concerning the above-

mentioned medical compounds.

Photodynamic diagnosis and photodynamic therapy were carried out by administering the above-mentioned compounds to rats affected with adjuvant induced arthritis (herein after referred to as "A. A. rat". The A. A. rats had arthritic lesions which closely resemble the human rheumatoid arthritis in morphological and biochemical characteristics.

Mono-L-aspartyl chlorin e6 (hereinafter referred to as "NPe6") was used as a test compound.

As a compound to be compared with, Photofrin II (trademark, made by Photofrin Medica Inc.) was used. These compounds were employed by dissolving them in a phosphate buffer solution (pH 7.4).

#### Preparation Example 1

##### Preparation of Mono-L-Aspartyl Chlorin e6

Chlorin e6 was prepared according to the procedure described in Fischer and Stern, *Di Chemie Des Pyrroles*, Vol. II, second half, Leipzig 1940, Akademische Verlagsgesellschaft, pp. 91-93.

150 mg of chlorin e6 (free acid form) and 250 mg of L-aspartic acid di-tert-butyl ester hydrochloride were dissolved in 20 ml of dimethyl formamide. There was made a total of 3-100 mg additions of N,N'-dicyclohexylcarbodiimide at one hour intervals. After 4 hours, the reaction mixture was diluted with 300 ml ether, washed twice with 200 ml H<sub>2</sub>O, then extracted with 40 ml 1 M KOH. The KOH solution was allowed to hydrolyze overnight, then heated to 70 DEG C for 10 minutes.

The pH of the solution was adjusted to 7, then any residual ether was removed by flash evaporation. The solution was then applied to a reverse phase (C-18 silica) column (1.5 cm DIAMETER x 30 cm). The product was purified by a stepwise elution of methanol/0.01 M KPO<sub>4</sub> buffer (pH 6.85). Eluted with 5% methanol until unwanted polar pigments were removed. Monoaspartyl chlorin e6 was eluted off with 6-8% methanol, and unreacted chlorin e6 was removed with 25% methanol.

The product was precipitated at pH 3 after flash evaporating briefly to remove methanol, then washed by the centrifuge 3 times with dilute acetic acid.

The product was dried under vacuum. Yield of mono-L-aspartyl chlorin e6 was 50 mg.

#### Preparation Example 2

##### Preparation of Mono-L-Seriny Chlorin e6

The chlorin e6 prepared in the like manner as in Preparation Example 1 was used. 100 mg of the chlorine e6 and 35 mg of 1-ethyl-3-(3-dimethylaminopropyl)carbodiimide hydrochloride were dissolved in 2 ml of N,N'-dimethyl formamide. After 5 minutes, 125 mg of L-serine benzyl ester hydrochloride was added, stirred vigorously until solution was complete, then allowed to stand at room temperature for 2 hours. At this time, 0.5 ml of glacial acetic acid was added, then 30 ml of methanol and 12 ml of H<sub>2</sub>O.

The solution was applied to a C-18 reverse phase column. The column was washed with 100 ml of H<sub>2</sub>O, then 4 ml of 1 M NH<sub>4</sub>OH, then 50 ml of H<sub>2</sub>O again. Eluted the product with MeOH/H<sub>2</sub>O. Fractions eluted from the column with 30% to 80% MeOH contained product as well as carbodiimide-activated chlorin as determined by TLC on C-18 reverse phase plates with a solvent of 70% MeOH/30% buffer (0.1 M sodium phosphate pH 6.85) V/V.

These fractions were pooled and enough 3 N NaOH was added to make the solution 0.1 N in NaOH. After 1 hour, the hydrolysis was complete as determined by TLC in the above system. Removed the methanol by rotary evaporation and adjusted the pH of the solution to 7.5 with HCl. The chlorin solution was then reapplied to the same reverse phase column, washed with water, and eluted with MeOH/water using a stepwise gradient solution from 10 to 50% methanol. The fractions containing pure mono-L-seriny chlorin e6 as determined by TLC (R<sub>f</sub> slightly greater than the unsubstituted chlorin e6) were pooled, the methanol was removed by rotary evaporation, and the product was dried as the trisodium salt by lyophilization.

#### Animal Test

Normal Lewis system LEW/Crj rats (supplied by Japan Charles River) which took artificial rheumatoid arthritis were used for experiments as A. A. rats. These rats are suitable for the tests of this kind because they correspond well to the diseases of mankind.

Adjuvant (0.6 mg/animal) of Mycobacterium tuberculosis H37 RA, made by Difco, was applied to the foot pads of right hind legs of male Lewis system LEW/Crj rats of 8 weeks of age. After the inoculation, the reddening and swelling of legs occurred within 24 hours. After 2 to 3 weeks, chronic proliferative periostitis occurred around joints to exhibit the chronic arthritis.

In the experiments, five rats were used for each group of diagnostic test or therapeutic test with each treating agent, respectively.

## Test Apparatus

The apparatus for these experiments included a catheter of 2.1 mm in diameter (made by Sumitomo Electric Industries, Ltd.), an argon dye laser (made by Spectrum Physics) for exciting photosensitive substance and a fluorescence spectrum analyzer system. The wavelengths of the argon dye laser for exciting photosensitive substance could be adjusted to 405 nm, 630 nm or 664 nm corresponding to the absorption bands of the respective substances and it was used at an irradiation dose of 100 mW/cm. This laser beam was introduced into a quartz fiber bundle of 300  $\mu$ m in core diameter and it was then passed through the catheter.

## Example of Diagnosis 1

After 1, 2, 3 and 4 weeks from the inoculation of adjuvant, A. A. rats were administered with a test compound in an amount of 1 mg per 1 kg body weight through a vein of the tail. Six hours after the administration, the knee joint of right hind leg which was inoculated with the adjuvant was cut open under the anesthesia with Nembutal and a laser beam of 405 nm was applied to the lesion using a endoscopic catheter through which the laser beam was passed. The specific fluorescence spectrum generated by the substance taken in the affected lesion (hyperplastic synovial membrane) was observed by a fluorescence analyzer. The intensity of fluorescence was calculated from the integrated area on fluorescence spectrum in the range of 600-700 nm and the obtained values were adopted as criteria for accumulated compounds.

After the photodynamic diagnosis, the animals were sacrificed under anesthesia, the knee joints were resected and served for the specimens. The specimens were subjected to histologic inspection with hematoxylin-eosin stain to compare the intensity of fluorescence and the degree of inflammation.

Normal rats of the same weeks of age were used as basic controls. As comparative examples, the A. A. rats in similar conditions of disease were administered with Photofrin II and they were subjected to similar tests.

## Example of Therapeutic Treatment 1

According to the therapeutic conditions indicated in Table 3, three weeks after the inoculation of adjuvant, A. A. rats were administered with test compounds in an amount of 0.5 mg per 1 kg body weight through a vein in the tail. Six hours after the administration, the knee joint of right hind leg which was inoculated with the adjuvant was cut open under the anesthesia with Nembutal and a laser beam was applied directly to the joint cavity. The specific fluorescence spectrum generated by the substance taken in the affected lesion (hyperplastic synovial membrane) was observed by a fluorescence analyzer. The therapeutic treatment was then carried out by applying 50 J/cm of 405 nm to 664 nm laser beam to the affected lesion in which it was observed that sufficient quantity of the compound was taken. After the treatment, the incision was sutured and an antibiotic was injected in the wound and joint cavity and the rats were bred for 1 week. One week after the treatment, 1 mg/kg of the same test compounds were administered and photodynamic diagnosis was done. After the diagnosis, the animals were sacrificed under anesthesia and the knee joints were resected and served for the specimens. The specimens were subjected to histologic inspection with hematoxylin-eosin stain to compare the intensity of fluorescence and the degree of inflammation.

The A. A. rats in similar conditions of disease were applied with 50 J/cm without administering the test compound were used as controls. As comparative examples, the A. A. rats in similar conditions of disease were administered with Photofrin II and they were subjected to similar tests.

Id=Table 3 Columns=6 Method of Therapeutic Treatment

Head Col 1: Compound

Head Col 2: Dose mg/kg

Head Col 3: Time

hrs

Head Col 4: Laser Wavelength nm

Head Col 5: Laser Intensity mW/cm

Head Col 6: Irradiation J/cm

Photofrin II 0.5640510050

"0.5663010050

NPe60.5640510050

"0.5666410050

Control- -66410050

(\*): Time length from dosage to irradiation

## Test Result 1

The results of Diagnosis 1 are described in the following.

Each compound was administered to A. A. rats of 3 weeks after the inoculation of adjuvant, which rats suffered from adjuvant arthritis. A laser beam was applied to knee joint and the intensity of fluorescence of the compound in the knee joint was determined by photodynamic diagnosis. The results are shown in Table 4.

As a result, the intensity of fluorescence in the group of Photofrin II in the arthritic lesion (hyperplastic synovial membrane) was 3.5,

meanwhile the value was 1.2 in other cartilage of normal tissue. In Achilles tendon and muscle of normal tissue, the values were 0.5. On the other hand, the intensity of fluorescence in the group of NPe6 in the arthritic lesion (hyperplastic synovial membrane) was 16.0, meanwhile the value was 1.0 in other cartilage of normal tissue. In Achilles tendon and muscle of normal tissue, the values were 0.2.

In the normal rats of the same week of age, the intensity of fluorescence of Photofrin II group in the normal synovial membrane was 0.2, and the fluorescence was not detected in other normal tissues of cartilage, Achilles tendon and muscle. Also, the intensity of fluorescence of NPe6 group in the normal synovial membrane was 0.2, and the fluorescence was not detected in other normal tissues of cartilage, Achilles tendon and muscle.

Similar diagnosis was carried out by administering NPe6 to A. A. rats which were different in the degree of inflammation with the passage of 1 to 4 weeks after the inoculation of adjuvant. By measuring intensities of fluorescence, the correlation between the measured intensities and the degree of inflammation in the histological diagnosis was investigated. The results are shown in Table 5.

The fluorescence intensity of synovial cells of 1 week after the adjuvant inoculation was 2.0. Almost no fluorescence was observed in other normal tissues of cartilage, Achilles tendon and muscle. According to the histological diagnosis on the same lesions, the growth of synovial cells was not so large and the cartilage was normal (+1). The swelling of right leg which was inoculated with adjuvant was slight.

The fluorescence intensity of synovial cells of 2 weeks after the adjuvant inoculation was 10.5. Almost no fluorescence was observed in other normal tissues of cartilage, Achilles tendon and muscle. According to the histological diagnosis on the same lesions, the growth of synovial cells was observed (+4) and the degree of swelling was more than 2 times the normal value.

The fluorescence intensities of synovial cells of 3 and 4 weeks after the adjuvant inoculation were 16.0 in both cases. In other normal tissues, the values were 1.0 in cartilage and 0.2 in Achilles tendon and muscle. According to the histological diagnosis on the same lesions, the growth of synovial cells was intense and the buildup of villi and the formation of pannus due to granulation (+5) were observed. The swelling was more than 2 times the normal value. The above observation indicates the arthritis due to the adjuvant arthritis.

As described above, the fluorescence intensity of NPe6 has a correlation to the degree of adjuvant arthritis. Accordingly, the degree of inflammation can be determined by comparing the intake of NPe6.

Test Result 2

The results of Therapeutic Treatment 1 are described in the following.

Each compound was administered to A. A. rats of 3 weeks after the inoculation of adjuvant, which rats suffered from rheumatoid arthritis. Photodynamic diagnosis was carried out by applying a laser beam to a knee joint cavity so as to confirm the sufficient intake of the medical agent. The therapeutic treatment was done by irradiating the affected lesion (hyperplastic synovial membrane) with 50 J/cm of laser beam. One week after the treatment, the same medical agent was administered for photodynamic diagnosis, thereby comparing the obtained value with the value before the therapeutic treatment. The results are shown in the following Table 6.

As a result, the intensities of fluorescence in Photofrin II group in the affected lesion were 3.5 to 3.6 before the therapeutic treatment and 1.8 to 2.0 after the treatment. Meanwhile, the intensities of fluorescence in NPe6 group in the affected lesion were 16.0 to 16.2 before the treatment and 1.9 to 2.4 after the treatment.

In the A. A. rats with the same disease without the dose of medical agent, fluorescence was not observed in both before and after the therapeutic treatment.

In the group of Photofrin II, the average ratio of fluorescence intensities after the therapeutic treatment to those before the treatment in the affected lesions was 54%. Meanwhile, in the group of NPe6, the average ratio was as low as 13%. Accordingly, it was ascertained that the degree of inflammation could be alleviated more effectively in the group of NPe6 by the therapeutic treatment as compared with the cases in the group of Photofrin II.

Id=Table 6 Columns=4 Fluorescence Intensities of Medical Agents before and after Photodynamic Therapy in Affected Lesion (Hyperplastic Synovial Membrane)

Head Col 1: Item

Head Col 2: Wave Length

(nm)

Head Col 3 to 4: Fluorescence Intensity

SubHead Col 1: Medical Agent

SubHead Col 2:

SubHead Col 3: Before Treatment

SubHead Col 4:After Treatment

Photofrin II4053.52.0

"6303.61.8

NPe640516.02.4

"66416.21.9

No Dosage6640.00.0

Notes:

(1) Wavelength: The wavelength of applied laser beam used for the therapeutic treatment.

(2) Fluorescence Intensity:

The intensities of fluorescence which was observed by photodynamic diagnosis in treated lesions at the times before the treatment

and 1 week after the treatment.

Shown in Table 7 are the comparative results of histological diagnosis and ocular diagnosis with preparing tissue specimens of treated lesions. In the therapy group of Photofrin II, slight changes in synovial cells were observed without any significant difference and marked therapeutic effect was not obtained (+3).

On the other hand, in the therapy group of NPe6, synovial cells were subjected to vacuolation or atrophy and the exfoliation of synovial cells was observed. Owing to the above effect, the swelling was relieved and the improvement in the affected lesion was observed (+/-0 to +1).

In the group of NPe6 applying laser beams of two kinds of 405 nm and 664 nm in wavelength gave similar high therapeutic effects.

In the group of no dosage for the A. A. rats of similar condition of disease, no change of affected lesion was observed by the irradiation with 50 J/cm laser beam (+5).

As described above, the therapeutic effect in the group of NPe6 was high as compared with the effect in the group of Photofrin II and the alleviation and improvement of rheumatoid arthritis were apparently observed.

Concerning the above compounds, the test of acute toxicity among toxicological properties was carried out.

NPe6 was intravenously administered to rats (strain: Sprague-Dawley) to determine the 50% lethal dose (LD50). The value of LD50 in male was 176 mg/kg and 184 mg/kg in female. The LD50 values in the intravenous administration to mice (strain: C3H/HEJ) were 214 mg/kg in male and 187 mg/kg in female.

#### SUMMARY OF TEST RESULTS

- (1) The photodynamic therapy using NPe6 was found to be effective for the regression of rheumatoid arthritis and for the curing of lesion. In comparison with the treatment using the known Photofrin II, a higher therapeutic effect (regression of arthritic lesion) can be expected when the same quantities of treating agents are administered to the arthritic lesion on the same degree of disease.
- (2) In the photodynamic diagnosis with NPe6, more excellent selective intake in comparison with Photofrin II in the arthritic lesion was confirmed. Even when a small dose of the compound was used, it could identify the arthritic lesion, thereby enabling to concentrate the treatment effect specifically to the arthritic lesion.
- (3) The fluorescence intensity of NPe6 was correlative to the degree of seriousness of rheumatoid arthritis. Accordingly, the degree of disease can be determined by comparing the intake amount of NPe6.
- (4) In the use of NPe6, the treatment with laser beams of either 405 nm or 664 nm in wavelength corresponding to its absorption bands, can provide high therapeutic effects.

#### EFFECT OF THE INVENTION

The above-described compound was administered to mammals which were suffered from arthritis and photodynamic diagnosis and photodynamic therapy were carried out. As a result, the following effects were ascertained.

- (1) The disease can be diagnosed and treated directly and exactly because the medical compound is selectively accumulated in the arthritic lesion.
- (2) One week after the therapeutic treatment, synovial membrane in abnormal growth in a joint is subjected to vacuolation or atrophy and the swelling is relieved.
- (3) In comparison with the conventionally used Photofrin II or the like, more distinct therapeutic effect can be expected when the same quantities of medical agents are used for arthritic lesions of the same degree in seriousness.

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## Claims

1. A medical agent for use in the diagnosis and/or therapy of arthritis of mammals, which agent comprises at least one member of fluorescent compounds selected from the group consisting of tetrapyrrole carboxylic acids having at least one carboxyl group represented by the following general formula, and corresponding dihydrotetrapyrrole or tetrahydrotetrapyrrole carboxylic acids, and monoamides, diamides and polyamides of said tetrapyrrole carboxylic acids with amino-monocarboxylic acids or dicarboxylic acids, and their pharmacologically acceptable salts; wherein, R1 is methyl, R2 is H, vinyl, ethyl, -CH(OH)CH<sub>3</sub>, acetyl, -CH<sub>2</sub>CH<sub>2</sub>COOH or =CHCHO;  
R3 is methyl, R4 is H, vinyl, ethyl, -CH(OH)CH<sub>3</sub>, -CH<sub>2</sub>CH<sub>2</sub>COOH, =CHCHO or R5 is methyl;  
R6 is H, -CH<sub>2</sub>CH<sub>2</sub>COOH, -CH<sub>2</sub>CH<sub>2</sub>COOR or -COOH;  
R7 is -CH<sub>2</sub>CH<sub>2</sub>COOH, -CH<sub>2</sub>CH<sub>2</sub>COOR or R8 is methyl or R9 is H, -COOH, -CH<sub>2</sub>COOH or methyl;  
provided that when R1, R2, R3, R4, R7 and R8 represent two substituents or are divalent and attached to the same carbon, the respective pyrrole ring to which attached is a dihydropyrrole;  
R is lower alkyl or benzyl;  
R6 and R9, taken together are with the proviso that at least one of R1 to R9 is a free carboxyl group.
2. The medical agent as claimed in Claim 1, wherein the lesion to be diagnosed or treated is a hyperplastic granulation of synovial membrane in a joint.
3. The medical agent as claimed in Claim 1 or 2, wherein said amino-monocarboxylic acids or dicarboxylic acids are natural alpha - amino-monocarboxylic acids or alpha -amino-dicarboxylic acids.
4. The medical agent as claimed in any of the Claims 1 to 3, wherein said tetrapyrrole carboxylic acid has at least 3 carboxyl groups.
5. The medical agent as claimed in Claim 4, wherein said tetrapyrrole carboxylic acid is represented by the following general formula: wherein, X is H, vinyl, ethyl, acetyl or formyl; Y is methyl or formyl; M is methyl; and E is ethyl.
6. The medical agent as claimed in Claim 3, wherein said natural alpha -amino-monocarboxylic acids or alpha -amino-dicarboxylic acids are at least one member selected from serine, alanine, glycine, aspartic acid and glutamic acid.
7. The medical agent as claimed in Claim 1, wherein said amide is mono-L-aspartyl chlorin e6 or mono-L-serinyl chlorin e6.
8. A method for the diagnosis of arthritis of mammals, which comprises administering to a mammal an effective amount of a fluorescent tetrapyrrole compound that accumulates in an arthritic lesion within said mammal and applying light of sufficient wavelength and intensity to produce fluorescence and/or cytotoxic effect in said arthritic lesion, wherein said tetrapyrrole compound is selected from the group consisting of tetrapyrrole carboxylic acids having at least one carboxyl group represented by the following general formula, and corresponding dihydrotetrapyrrole or tetrahydrotetrapyrrole carboxylic acids, and monoamides, diamides and polyamides of said tetrapyrrole carboxylic acids with amino-monocarboxylic acids or dicarboxylic acids, and their pharmacologically acceptable salts; wherein, R1 is methyl, R2 is H, vinyl, ethyl, -CH(OH)CH<sub>3</sub>, acetyl, -CH<sub>2</sub>CH<sub>2</sub>COOH or =CHCHO;  
R3 is methyl, R4 is H, vinyl, ethyl, -CH(OH)CH<sub>3</sub>, -CH<sub>2</sub>CH<sub>2</sub>COOH, =CHCHO or R5 is methyl;  
R6 is H, -CH<sub>2</sub>CH<sub>2</sub>COOH, -CH<sub>2</sub>CH<sub>2</sub>COOR or -COOH;  
R7 is -CH<sub>2</sub>CH<sub>2</sub>COOH, -CH<sub>2</sub>CH<sub>2</sub>COOR or R8 is methyl or R9 is H, -COOH, -CH<sub>2</sub>COOH or methyl;  
provided that when R1, R2, R3, R4, R7 and R8 represent two substituents or are divalent and attached to the same carbon, the respective pyrrole ring to which attached is a dihydropyrrole;  
R is lower alkyl or benzyl;  
R6 and R9, taken together are with the proviso that at least one of R1 to R9 is a free carboxyl group.
9. The method as claimed in Claim 8, wherein the lesion to be diagnosed by said method is a hyperplastic granulation of synovial membrane in a joint.
10. The method as claimed in Claim 8, wherein the wavelength of said light is about 300 nm to about 800 nm, preferably about 360 nm to about 760 nm.
11. The method as claimed in any of the Claims 8 to 10, wherein the intensity of said light is about 10 mW/cm to about 1000 mW/cm.
12. The method as claimed in any of the Claims 8 to 11, wherein the dose of said tetrapyrrole compound is about 0.1 to 20 mg/kg.
13. The method as claimed in any of the Claims 8 to 12, wherein said tetrapyrrole carboxylic acid is as defined in any of the claims 3 to 7.

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